



Cape Fear Flyfishers Meeting Minutes—September 17, 2025

<https://capefearff.com>

President Rick Hettenbach called the meeting to order at 6:15 PM at the Homer Wright Event Center.

Approximately 20 individuals attended the meeting.

NEW MEMBERS/VISITORS:

An enthusiastic number of visitors/new members attended meeting:

- Herb Doss Tel: 336-978-5250 email: hldoss1@gmail.com
- Chase Carrier Tel: 336-781-6326 email: venatorcarrier001@gmail.com
- Marshall Carrier Tel: 336-894-7172 email: mcarrier@triad.rr.com
- Jeff Jackson Tel: 614-397-4565 email: j3LAW@yahoo.com
- Clinton Paquin Tel: 910-973-2466 email: clinton.paquin@gmail.com
- Don Porter Tel: 336-477-9349 email: 1winport@gmail.com
- Jack Shaffer: Tel: 815-814-3258 email: bentleybear321@outlook.com

FLY Raffle:

- Dan Kastl won the fly raffle

FISHING REPORTS

- Al Roy talked about his trip to Alaska
- Rick Hettenbach and Joe Fetter talked about catching Amberjack in the local area

TREASURERS REPORT

Treasurer Doug Donaldson reported by email that the club's cash balance is \$4,163.40

FLY CASTING TECHNIQUES

Rick Hettenbach did a live presentation on casting techniques.

This was a good presentation with information for both beginners and advanced. It was met with good interactive questions and discussion. Both fresh water and saltwater casting was covered. The presentation started off with the basic cast and then went to shooting line, the roll cast, the reach cast, double haul and two handed techniques.

The differences to bait casting was the casting of a line versus a lure/bait. The differences in rods and line were presented with an emphasis on the bend of the rod. A stiffer rod will enhance the speed of the cast.

He presented the Four Essentials of Casting:

1. **Remove slack;** prior to the cast, strip the line to remove slack, keeping the rod tip down
2. **Tip Direction:** Keep the rod tip parallel to the ground, avoid the windshield wiper movement. It is ok to watch the tip of the rod through the cast. Place your thumb on the top of the rod handle pointing in the direction of the cast. Exception to this technique is casting heavy fly or nymph; you will raise the rod to “lift” the heavy object above line.
3. **Accelerate the tip just prior to the full stop:** Move tip of rod slow at first and then accelerate to full stop on both forward and reverse motion of cast.
4. **Timing of backcast:** After the full stop, give the line time to fully extend before casting in the reverse direction.

Several other casting techniques were discussed such as a reach cast and “mending the line” during float fishing. It was suggested to use the left hand to strip and maintain a tight line during the float. Increasing the distance especially in the ocean is done with a double haul as well as movement of the full arm.

ADJOURNMENT

The meeting was adjourned at 7:25 PM. Many members continued discussions over pizza. This appeared to be well received water was provided and some guests brought their own beer.

Respectfully submitted,
Dennis Falkenstein

CFF Board for 2024/25 are:

Rick Hettenbach -President/Club Officer
Al Roy-Vice President/Club Officer
Doug Donaldson-Treasurer/Club Officer
Dennis Falkenstein-Secretary/Club Officer
Jim White
Steve Moore
Jim Larson
Joe Fetter
Dominick Sangillo

Board Member
Board Member
Board Member
Board Member
Director-Education
Director-Webmaster/Conservation
Board Member
Board Member
Board Member